



Sunday Monday Tuesday Wednesday Thursday Friday Saturday

October 2026

October 2026				9:00 St. Michael's Episcopal Church Visits 10:30 Coffee & Conversation 1:30 Muscles in Motion with Pam Durkin 3:00 Doug Frantz Reads 6:00 News Hour	1	9:30 Exercise 10:30 Documentary 10:30 Scenic Drive 1:00 Parlor Games 2:30 Happy Hour 6:00 News Hour	2	10:00 Catholic Mass on TV 10:30 Bingo with Monica 1:00 Movie 3:00 Rummikub 6:00 Movie	3				
10:00 Guilford Church Service on TV 11:15 Trinity Lutheran Church Visits 1:00 Movie 3:00 Bananagrams 6:00 Movie	4	9:30 Exercise 10:30 Resident Council 1:30 Music with Ron Banks 3:00 Documentary 6:00 News Hour	5	9:30 Exercise 10:30 Sing Along with Becky Graber 1:00 Hallowell Singers 2:30 Poker in the Parlor 6:00 News Hour	6	9:30 Exercise 10:15 Bingo 1:00 Bayada Hospice Discussion Group 2:30 Music with Sean Eric Callaghan 6:00 News Hour	7	9:30 Coffee & Conversation 10:30 Bradley House Jeopardy!! 1:30 Muscles in Motion with Pam Durkin 3:00 Doug Frantz Reads 6:00 News Hour	8	9:30 Exercise 10:30 Documentary 10:30Scenic Drive 2:30 Happy Hour 3:45 Jazz 101 6:00 News Hour 6:00 Todd Goodwin Fall Campfire Stories	9	10:00 Catholic Mass on TV 10:30 Bingo with Monica 1:00 Movie 3:00 Rummikub 6:00 Movie	10
9:30 Exercise 10:15 Watercolor Class 10:00 Guilford Church Service on TV 1:00 Movie 1:15 Book Club: 3:00 Bananagrams 6:00 Movie	11	9:30 Exercise 10:00 Veteran's Group 1:00 Bingo 2:30 Music with Andy Davis and Laurie Indenbaum 6:00 News Hour Indigenous Peoples' Day Columbus Day (U.S.)	12	9:30 Exercise 10:30 Piano by Sylvia 1:00 Voter Registration Drive 2:00 African Drumming with Tara Murphy 6:00 News Hour	13	9:30 Exercise 10:15 Left Center Right Game 1:00 Current Events with Jan 2:30 Music with Mark Harding 6:00 News Hour	14	9:30 Coffee & Conversation 10:30 Trivia 1:30 Muscles in Motion with Pam Durkin 3:00 Doug Frantz Reads 6:00 News Hour	15	9:30 Exercise 10:30 Documentary 10:30 Scenic Drive 2:30 Happy Hour 3:45 Jazz 101 6:00 News Hour	16	10:00 Catholic Mass on TV 10:30 Bingo with Monica 1:00 Movie 3:00 Rummikub 6:00 Movie	17
9:30 Exercise 10:15 Baking Group 10:00 Guilford Church Service on TV 1:00 Movie 1:15 Book Club 3:00 Bananagrams 6:00 Movie	18	9:30 Exercise 10:30 Art with Ross 10:30 Knit & Crochet with Tami 1:00 Visit to Horseplay 3:00 Bingo 6:00 News Hour	19	9:30 Exercise 10:30 Autumn Crafts 1:30 Art & Exploration at Brooks Library 2:30 Music with The Inlawski Brothers 6:00 News Hour	20	9:30 Exercise 10:30 Word Games 1:00 Brattleboro Museum & Art Center Visits 1:00 Current Events with Jan 2:30 Cooking Class with Chef Ray 6:00 News Hour	21	9:30 Coffee & Conversation 10:30 Trivia 1:30 Muscles in Motion with Pam Durkin 3:00 Doug Frantz Reads 6:00 News Hour	22	9:30 Exercise 10:30 Scenic Drive 1:00 Music with Mike 2:30 Happy Hour 3:45 Jazz 101 6:00 News Hour	23	10:00 Catholic Mass on TV 10:30 Bingo with Monica 1:00 Movie 3:00 Rummikub 6:00 Movie	24
9:30 Exercise 10:15 Air dry clay 10:00 Guilford Church Service on TV 1:00 Movie 1:15 Book Club 3:00 Bananagrams 6:00 Movie	25	9:30 Exercise 10:15 Movie 10:15 Intro to Fall Follies: Broadway Tunes and Dances 1:00 Fall Follies: Singing and Dancing 2:00 Rosary 2:30 Poker in the Parlor 6:00 News Hour	26	9:30 Exercise 10:00 Fall Follies: Broadway Tunes 1:00 Documentary 1:30 Art & Exploration at Brooks Library 1:00Fall Follies: Broadway Dancing 6:00 News Hour	27	9:30 Exercise 10:30 St. Michael's Catholic Church Visits 10:00 Fall Follies: Set Painting & Art Making 1:00 Fall Follies: Singing & Dancing 2:30 Bingo 6:00 News Hour	28	9:30 Exercise 9:30 Coffee & Conversation 10:30 Word Games 10:30 Exercise 10:00 Fall Follies: Singing & Dancing & Art Making 1:00 Movie 1:00 Fall Follies: Singing & Dancing 6:00 News Hour	29	9:30 Exercise 10:00 Documentary 10:00 Fall Follies: Set Painting & Art Making 1:00 Fall Follies: Dress Rehearsal 3:00 Fall Follies Performance 4:00 Happy Hour 6:00 News Hour	30	10:00 Catholic Mass on TV 10:30 Bingo with Monica 1:00 Movie 3:00 Rummikub 6:00 Movie Halloween	31

Halloween