



Activities Newsletter June 2025

Dear Friends & Families of Garden Path Elder Living,

I hope this letter finds you all well. I would like to share with you all some of the things that have been going on here at the Bradley House the past few months, as well as some of the things we are looking forward to. Happy Spring Everyone!

We are all excited to be in the Spring swing of things. Our gardens are starting to show signs of life again & our raised beds have all been cleaned out and replanted with vegetables & flowers. The residents have enjoyed planting tomatoes, squash, okra, cucumbers, dill, & peppers, just to mention a few things. Our weekly garden club has done a great job of brainstorming what to plant this year as well as tending to the beds & gardens. It's really nice to see the turn out each week for the garden club. It's also nice seeing the residents come out on their own to check on the status of things & tend to things that they see need to be tended to. Also, we continued our tradition of planting trees on our grounds for Arbor Day. This year we planted a black walnut & a tulip poplar. It really is a community effort.

Our monthly Veterans group is going well & growing each month with Bradley House residents as well as community members. This group is led by Dr. Bob Tortolani. Dr. Tortolani's mother was a resident at Holton Home & Bradley House for years. He is also a Veteran, & devotes a lot of his time to other Veterans in the Brattleboro area. We are grateful for the time he shares with us here at Bradley House. This group meets on the second Monday of each month at 10:00 in the basement. You do not have to be a Veteran to attend. Feel free to join us or pass this along to someone you think might want to come.

On June 18th at 6:30 the Brattleboro American Legion Band will be performing here on the back lawn. This is their annual performance here at Bradley House. This will be a large band of roughly 40 musicians. A quick fun fact, they are the only American Legion Band in Vermont. We are so lucky that they include us in their schedule. Everyone please feel free to attend & bring a friend!

Our very own Nye Ffarrabas has an exhibit up in the Brattleboro Museum & Art Center. During the 1960s Nye was part of New York City's Fluxus community. Fluxus was an avant-garde artistic movement, characterized by its rejection to traditional norms & its focus on interaction, performance, & the view that life &

art are one. Nye is also an amazing writer & poet. Her exhibit is titled "Truth IS A VERB" & will be on display until July 6th. Residents from Bradley House (accompanied by Nye) went to see it last month. We all enjoyed it & are so proud of Nye. I encourage you all to go see it!

We have numerous volunteers that share their time & energy with us. Musicians, readers, churches, drivers, gardeners, bingo callers, schools, art teachers, extra help on outings and more. These people are so special and really do make Bradley House a better place. The biggest thank you to you all, from all of us!

Well that's about all for now. Ross & I are so lucky to get to spend time with the residents here at the Bradley House. What an amazing group of people we have here! See you soon!

Below are some pictures from the past few months I'd like to share with you.















































More to Read Below

We have a lot of fun things planned. Please check out each month's <u>activities</u> <u>calendar</u>.

Feel free to visit our website.

While you're there, click the link or pick up an <u>Application for Garden Path Elder</u> <u>Living</u> for someone you may know who'd like to move into residential care.

Bulletin:

- * Please consider swapping out your family members' winter clothes for more seasonable spring/summer clothes.
- *Do you have any large stones, outdoor plants or grasses you would like to donate? We are accepting donations.
- * We are having an open house on June 20th from 3:00 5:00. Come join us & bring a friend or family member!
- * Check out our Bradley House Facebook Page!

Recent Passings: Margaret Brooke, Kerstin Congleton, Judy Edwards, Ruth Lang & Benny the Cat. They are greatly missed & our condolences go out to their families & loved ones.

Open Call: Do you have an interest, talent or idea to share? The Activities department welcomes your input and seeks to recruit volunteers from among our family circles. If you have an arts and crafts idea, (such as) a baking idea or would like to lead a talk sharing your travel photos, please contact me at mike@gardenpathelderliving.org and we can add it to the schedule. Our aim in activities is to continually enrich, share and enjoy our lives here. I really appreciate all the time and resources that have already been shared! New ideas are always welcome!

Best wishes,

The Activities Team

Mike Jones Ross Smart