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February 2018

HOLTON HOME • BRADLEY HOUSE

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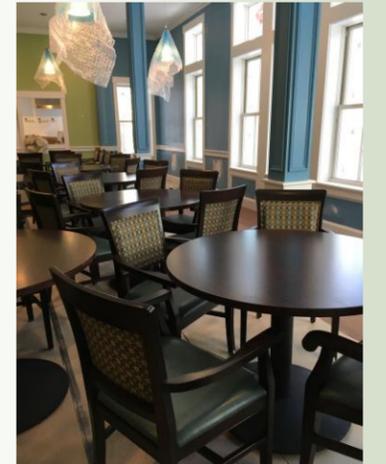
158 Western Avenue, Brattleboro, Vermont 05301 • (802) 254-4155 • e-mail: info@holtonhome.org • www.holtonhome.org
65 Harris Avenue, Brattleboro, Vermont 05301 • (802) 254-5524 • email: info@BradleyHouseVT.org • www.bradleyhousevt.org

Bradley House Revival

It's so close, we can taste it! We'd hoped to be in the new Bradley House addition before Christmas, but it will be soon. There are 15 beautiful new resident rooms and a new kitchen and dining room. Some rooms are still available. Call Debra at (802) 254-5524 if you'd like more information or a tour.



Each resident room has a private bathroom with grab bars and a step-in shower



The day the Dining Room tables and chairs arrived!



Resident rooms feature plenty of storage. Many have beautiful views of the Connecticut River and Mt. Wantastiquet.



Big News!

The new Holton Home film has been closed captioned for the hearing impaired. Go to the Brattleboro Community TV website, choose "Watch." Then choose "Video Library." In the search space, type "Holton." Let us know what you think!

Staff

Bradley House

Cindy Jerome, *Executive Director*

Debra Abel, *Site Director*
Carol Bengston, *LNA*
Tim Cavanaugh, *Activities Director*
Karen Coger, *LNA*
Heather Corey, *Senior LNA*
Carie-Ann Davis, *Housekeeper*
Catheryn Dix, *RA, Housekeeper*
Steve Foresteire, *Chef Manager*
Kimona Hall, *LNA, Per Diem*
Lisa Holabird, *RN, RCA*
Tammy Kemp, *LNA*
Warren Kimberly, *Cook*
Ed Kowalski, *Maintenance Director*
Michelle Lucy, *LPN*
Autumn O'Sullivan, *RA*
Darlene Perkins, *LNA*
Stephanie Pike, *RA*
Rae Ann Pinault, *Executive Assistant*
Kellie Poplawski, *RA*
Elizah Temple, *RN*
Melissa Wood, *RA*

Eileen Ogden, *Resident Care RN*
(for Bradley House and Holton Home)

Holton Home

Félicité Adjoua, *RA, Per Diem*
Morgan Aldrich, *LNA*
Alicia Bebey, *LNA*
Susie Belleci, *Activities, Per Diem*
Nancy Bonneau, *LNA*
Pam Boyd, *Cook*
Chris Clark, *Maintenance Director*
Carie-Ann Davis, *Housekeeper*
Julie Emery, *RA, Per Diem*
Amy Hall, *RA, Per Diem*
Kimona Hall, *LNA, Per Diem*
Imelda Haloho, *LNA*
Ruth Kibby, *LNA, Per Diem*
Carol Killay, *RA*
Lynn Miner, *LNA*
Shirley Morrill, *Housekeeper*
Kelly Morse, *RA*
Wendy Parent, *LNA*
Karen Penson, *LNA*
Terry Reinertson, *RN, RCA*
Carly Reitsma, *Gardener*
Kree Rinfret, *Executive Assistant*
Chelsea Saber, *RA*
Emma Sheldon, *Site Director*
Ellenka Wasung-Lott, *Activities Director*
Brionna Williams, *RA*

Board of Directors

Jill Brehm, *Visiting Committee*
Cathy Coonan
Vern Grubinger
Allan Hansell
Prudence MacKinney
Lee Madden, *Treasurer*
Kris McDermet, *Secretary*
Joe Meyer
Cathy Osman
Andy Reichsman, *Vice President*
Linda Rice, *APRN, President*
JoAnne Rogers
Ted Vogt
Andrew Walker

Birthdays

There are no resident birthdays for Holton Home in February.

Bradley House resident birthdays in February include:
♦ Dee on the 11th

The Health Corner

February is AMD awareness month; AMD is Age Related Macular Degeneration. Macular Degeneration is a leading cause of vision loss in Americans 50 and older. AMD is a gradual, progressive, painless deterioration of the macula; the macula is the small area in the center of the retina that gives us our detailed vision. The macula works by picking out fine detail. When this is damaged, the center of your vision becomes blurred and distorted. Over time, this can worsen, resulting in blank or white patches in your vision. Naturally, this makes activities such as recognizing faces, and reading much more difficult.

Some studies have shown that maintaining a healthy weight, eating a nutritious diet, smoking cessation and maintaining a normal blood pressure will help to prevent the worsening of the degeneration. Finally, it is very important to have your eyes examined no less than every two years.

Eileen Ogden, *RN, Resident Care Nurse*

Stephanie Pike is Bradley House's



Chelsea Saber is Holton Home's



A little bit about Steph:

Stephanie is an EMT with Deerfield Valley Rescue and is going to school to pursue a degree in Nursing.

When Stephanie isn't at Bradley House she enjoys sitting and relaxing by a campfire. She is also very much a "beach" person and heads to Hampton Beach on the warm summer days. Stephanie has two cats and a dog and loves all kinds of music.

Here are some things that our residents and her colleagues say about her:

- She is pleasant and funny, a real girl scout type
- Stephanie is positive, professional and has an uplifting attitude
- Stephanie is wonderful. She is an excellent caregiver. She really meets a person where they are at
- I always love to see her. Stephanie is approachable. She has a warmth about her that makes her easy to be around

A little bit about Chelsea:

Chelsea is an Aide on the day shift. She has been at Holton Home for over seven years.

She is an amazing artist, and creates the beautiful, seasonal art you see on the dining room windows and in the elevators.

Here is what our residents say about her:

- She does a beautiful job on the windows
- Artistically extremely talented
- Has a beautiful baby daughter
- She's very efficient
- Chelsea is very poised
- She's just plain nice!
- She made a special effort with my laundry
- She's generous with her time



Beth Kiendl and William Stearns, portraying two old friends



Bradley House's Resident Care Administrator, Lisa Holabird, RN joins Winne and her son Ted Vogt for a smile



Cindy Jerome showing an auction piece of art by Cathy Osman to the crowd

Holton Home's 125th Birthday Gala

It was a wonderful celebration. The Brattleboro Museum & Art Center was the venue and Glendale Senior Dining, the folks who serve our residents, provided a cornucopia of delicious food. An auction of vacations, dinner parties and art was a great success and the one-act play was both poignant and amusing.



The bountiful food was enjoyed by party-goers, including Vern Grubinger

Around the Halls of Holton Home

Every year our wonderful Visiting Committee puts on a Valentine's Tea! Teas really are wonderful things. You get a chance to sit, socialize and relax, drink tea out of fine china and nibble on delicious treats! As Henry James said, there are few hours in life more agreeable than the hour dedicated to the ceremony known as afternoon tea.



Holton Home residents have enjoyed this tradition for many, many years, delighting in chocolate covered strawberries, little cookies and candies and other wonder nibbles. For years Dodo made her famous tea sandwiches with traditional fillings on the right super-thin bread that she sliced with her electric knife (a trade secret!) I would like to whole-hearted thank Holton Home's Visiting Committee for all of the wonderful things they do, but especially for our Valentine's Tea! It makes everyone feel so very special!



I encourage you all to take a moment and slow down and have some tea, whether to watch the sunrise with a mug or have a special little party with friends and loved ones with fancy tea cups and fun little snacks! You'll be glad you did!

*Ellenka Wasung-Lott
Holton Home Activities Director*



David was amazed at the variety of nativities

The largest display depicts the Town of Bethlehem



SHIRLEY'S TOUCH OF HEAVEN

Shirley Squires is a friend to many people in the Brattleboro area and certainly is to many of us at Holton Home and Bradley House. She grew up in Guilford, married and raised 6 children and 2 foster children in Guilford, and now lives in the house where she spent much of her childhood. Shirley lost her husband Maynard, in December 1991, and her son Ron in January 1993. As a way of coping with these losses, in 1994 she started collecting nativities, which she has always liked and feels sum up the true meaning of Christmas. Shirley opened up her collection to the public in 1997, and has done so for just about every Christmas season since then.

The name "Shirley's Touch of Heaven" came around the time her son built an additional room, onto her garage, to help house the growing collection. Every year something gets added, much of it donated by family and friends.

On Thursday morning, January 11th, five of us from Bradley House made the trip to Guilford to see Shirley's magical and mind-boggling collection. She has over 1,400 sets of nativities from 55 different countries. That makes for many different interpretations of the nativity scene. There is much to marvel at in this collection from wood carved miniatures of the manger to depictions of the whole town of Bethlehem. Because of the religious nature of the subject you might not expect to find humor in this exhibit but it is there alongside the more serious pieces. I could wax on and on about this, but I should mention that Shirley is a wonderful host and loves to answer questions and explain about her collection.

For those with access to a computer, you might want to check-out this great collection on YouTube. Just search [Shirley's Touch of Heaven](#).

*Tim Cavanaugh
Bradley House Activities Director*



Janet and Shirley have been friends for many years and enjoyed catching up



Dody, a retired minister, found great beauty everywhere she looked