



HOLTON HOME

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158 Western Avenue, Brattleboro, Vermont 05301 • (802) 254-4155 • e-mail: info@holtonhome.org • www.holtonhome.org

A Letter from Emma (our new Site Director)

To my new Holton Home family,



I'd like to share a little about who I am and where I come from. My twin brother and I were born in Albany, NY and adopted when we were a week old by Susan and Ken Owings. We then moved with them to Brattleboro, VT. I have traveled off and on throughout my life but have always returned home to Brattleboro. It is important to me to be close to my family and to be a part of this community that I love. I am engaged to be married this coming July, have twins (a boy and girl) who will be six this May, and have a beautiful little dog who we adopted from the Humane Society last October. I love spending time with my family, swimming, hiking, doing yoga, and volunteering in the community to help local people in need. My family made a decision last year to move into my childhood home and take over the housing expenses so that my dad was able to retire. My mom will retire after this spring. We thoroughly enjoy co-housing with them and it is my goal to take care of them as their needs increase. I feel it is important to give the same love and care to my parents that they so generously gave, and continue to give to me.

Ever since I was a little girl I have been passionate about helping people. I have a huge heart and have always chosen to put others before myself. When I first entered college I was unsure about how I could effectively and professionally help people, so I decided to obtain an associate degree in liberal arts at Greenfield Community College in 2005. During that time I took a psychology class and fell in love with the field. I went on to complete my Bachelor degree in developmental psychology at Keene State College in 2008. I have worked in the human services field since that time as a mental health worker at the Brattleboro Retreat, a Case manager for adults with developmental disabilities at HCRS, and a client services manager at Bayada Home Healthcare. In 2012 I began working for Senior Solutions and finally felt at home with the aging population in our community. I was able to bring smiles to people's faces on a daily basis when I would visit them in their homes, advocate for people's needs to be met, and build positive working relationships with local community members.

When I heard that Holton Home was looking for a new site director, my only hesitation about leaving Senior Solutions was how much I would miss the clients I was working with. But knowing I would soon build similar relationships with the residents at Holton Home warmed my heart and intuition motivated me to apply. I am currently working on my Master's degree in mental health counseling and hope to utilize my degree to enhance my responsibilities and relationships here at Holton Home. I feel extremely blessed to have the opportunity to be here in this beautiful home of yours. I sincerely look forward to getting to know each and every one of you, and want you to know that my door is always open.

Sincerely,
Emma Owings
Site Director
802-254-4155
emma@holtonhome.org



Staff

Félicité Adjoua, *Resident Assistant*
Morgan Aldrich, *Resident Assistant*
Julie Ball, *Activities Assistant*
Nancy Bonneau, *Licensed Nursing Assistant*
Pam Boyd, *Cook*
Chris Clark, *Maintenance Director*
Sherri Deyo, *Licensed Practical Nurse, Per Diem*
Cindy Downs, *Licensed Nursing Assistant*
Julie Emery, *Resident Assistant & Housekeeper, Per Diem*
Rose Gerry, *Licensed Nursing Assistant*
Joshua Hart, *Chef/Manager*
Linda Hastings, RN, *Resident Care Administrator*
Abi Healey, *Gardener*
Cindy Jerome, M.A., *Executive Director*
Ruth Kibby, *Licensed Nursing Assistant, Per Diem*
Carol Killay, *Resident Assistant*
Robin Lindsell, *Licensed Nursing Assistant*
Lynn Miner, *Licensed Nursing Assistant*
Meghan Miner, *Licensed Nursing Assistant, Per Diem*
Shirley Morrill, *Housekeeper*
Kelly Morse, *Resident Assistant*
Emma Owings, *Site Director*
Wendy Parent, *Senior Licensed Nursing Assistant*
Karen Penson, *Licensed Nursing Assistant*
Kree Rinfret, *Executive Assistant*
Chelsea Saber, *Resident Assistant, Per Diem*
Ashley Squires, *Housekeeper*
Ellenka Wasung-Lott, *Activities Director*

Board of Directors

Jill Brehm, *Visiting Committee*
Cathy Coonan
Paul Dedell
Marion Dowling
Vern Grubinger
Allan Hansell, *Vice President*
Lee Madden
Kris McDermet, *Secretary*
Joe Meyer
Cathy Osman
Andy Reichsman, *Treasurer*
Linda Rice, APRN, *President*
Margaret Winn
Ted Vogt



Birthdays

There are no birthdays in February!
But hold your horses – there's a whole bunch of 'em in March.



AROUND THE HALLS OF HOLTON HOME

Why is it that it's so much more special to drink a cup of tea from a cup and saucer? Is it the delicateness of the china? The memory of tea parties, imaginary or pretend, as a very young child? The ceremony of it? The momentary pause that comes with tea brewed in a pot, and poured in a small cup, and the relaxed conversation? It seems to me like a sunrise or sunset, a time that you can just be in awe of the moment and soak in the present.

Holton Home has a lovely collection of tea cups and matching saucers. We barely ever use them; probably, much like yours, they are saved for special occasions. However we used them the other day for an herbal tea tasting. Our amazing gardener Abi and I brought in our special tea pots from home and a selection of our favorite teas, and we brewed them all, talked about what herbs to plant in the Holton Home garden for our own tea, and conversed in a lovely, relaxed way. It was a perfect way to spend a cold winter morning.

I think we should all use some of our precious things a little more often, and add a bit more specialness to our everyday!



Ellenka Wasung-Lott
Activities Director

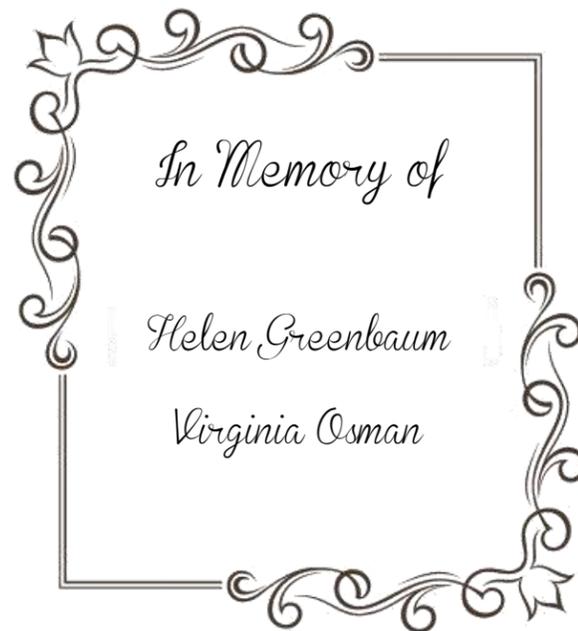
Chuckle Corner

Where's My Paper?!

An irate customer called the newspaper office, loudly demanding to know where her Sunday edition was.

"Ma'am," said the employee, "today is Saturday. The Sunday paper will not be delivered until tomorrow."

There was a pause on the other end of the line, followed by a ray of recognition. "Soooo . . . that's why no one was in church today."



Merger Celebration

The Brooks House Atrium was the perfect spot to celebrate the merger of Holton Home and Bradley House.



Residents from both homes attended and soon it was standing room only. Many community members joined us to toast the coming together of two excellent homes and the future of elder care in Brattleboro.



Long-time Bradley House Board member Corky Elwell reflected on the history of Bradley House, including the fact that Richards M. Bradley, who built the 1850s home for his bride, was one of the original incorporators of Holton Home! In the photographs of the incorporators next to Corky, Mr. Bradley is the one next to Corky's glasses. Just below him, in the center of the frame, is Henry Holton, M.D., the impetus behind the founding of the Home that now bears his name.

Linda Rice, Holton Home's Board President, and Cindy Jerome, Executive Director of both homes, enjoy the momentous occasion. Many hours went into the process of deciding whether to merge. Both are convinced that this history-making moment will enhance both the future of the homes and what we can offer our community's elders.



Allan Hansell, Holton Home's Board Vice President, and Julie Ball, Holton Home's Activities Assistant, look at plans for the Bradley House addition and renovating the "mansion." Stevens & Associates are the architects. Julie was formerly the Activities Director at Bradley House!